

UWA WEST COAST SWIMMING CLUB

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MEET DIRECTOR:

Steve Hill (E: meetdirector@uwawestcoast.org or M: 0418 877 277)

TIME:

8.00am: Warm-up;

9:00am: Start time for Junior and novice 'Splash & Dash' morning session;

1:30pm (approx.): Start time for Open, Age & Multi-Class/Para afternoon session.

EVENT & ENTRY INFORMATION:

- No Qualifying Times required;
- Maximum 6 events per swimmer;
- There will be two sessions:
 - **Session 1 'am'** for Junior Swimming WA registered Girl members aged 8-12yrs and Boys 9-13yrs as per the published event list, as well as events for 'Splash & Dash' participants aged 12yrs & Under; &
 - **Session 2 'pm'** for Open & Age athletes (Girls 13yrs & Over / Boys 14yrs & Over).
- Event 32 & 72 (the mixed gender 1500m Free & 400m IM) is open to swimmers 12yrs & Over;
- All events will be conducted as timed finals;
- All swimmers must be Swimming WA registered by close of entries.

ELIGIBLE AGE GROUPS:

- UWA-West Coast Challenge is for 8yrs to Open, as specified on the Event List for Swimming WA registered 'competitive' members;
- Splash & Dash participants 12yrs & Under who are not currently a registered 'competitive' member of a Swimming WA club; &
- Age as at the first day of the meet.

MEDALS SUMMARY & RECOGNITION:

Medals are to be awarded to 1st, 2nd & 3rd placed male and female swimmers in the following Junior 'competitive' age-group categories only – Girls 9-12yrs & Boys 9-13yrs (no medals for afternoon Open & Age session):

- 50m events (Free, Back, Breast & Fly): 8-9yrs, 10yrs, 11yrs, 12yrs (& Boys 13yrs only);
- 100m events (Free, Back, Breast & Fly): 9yrs, 10yrs, 11yrs, 12yrs (& Boys 13yrs only);
- 200m events: 9yrs (Free Only), 10yrs, 11yrs, 12yrs (& Boys 13yrs only).

Medals have not been allocated to swimmers Girls 13yrs/O & Boys 14yrs/O competing in Session 2 (this includes all participants in the 1500m Free & 400m Individual Medley).

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SPLASH & DASH INFORMATION:

ENTRIES for Events 3/4, 13/14, 21/ 22 & 29/30 [HERE](#).

The UWA-West Coast 'Splash & Dash' carnival is the ideal introductory meet for 'rookie racers' who are still trying to decide if swimming is the sport for them!

The 25m & 50m distances are particularly suited to novice squad swimmers who are yet to become a registered 'competitive' member of a Swimming WA club. These events are not open to Swimming WA 'annual competitive' members.

Splash & Dash participants sign in at their own registration table to collect their registration pack and also get to meet one of our Splash & Dash volunteers who will escort them to the starting blocks for each of their events. The registration pack includes a meet program, estimated timeline and a swim cap.

The Splash & Dash meet program includes the following 25m & 50m events:

Event 3 – Mixed 8-12yrs 50m Backstroke;

Event 4 – Mixed 6-8yrs 25m Backstroke;

Event 13 – Mixed 8-12yrs 50m Breaststroke;

Event 14 – Mixed 6-8yrs 25m Breaststroke;

Event 21 – Mixed 8-12yrs 50m Freestyle;

Event 22 – Mixed 6-8yrs 25m Freestyle;

Event 29 – Mixed 9-12yrs 50m Butterfly; &

Event 30 – Mixed 8-10yrs 25m Butterfly.

Each swimmer will receive a participation ribbon to acknowledge their efforts in the pool. The 'Splash & Dash' races will not be officiated, which means that times swum will not be officially recognized, in accordance with Swimming WA guidelines.